

**I. COURSE DESCRIPTION:**

Division: Physical Education, Athletics & Health  
Department: N/A  
Course ID: PE 222  
Course Title: Independent Study in Physical Education  
Units: 1-3  
Lecture: None  
Laboratory: 3-9 Hours  
Prerequisite: None

Catalog and Schedule Description:

Assigned problems involving research and analysis of selected topic or directed study for students who are interested in furthering their knowledge of physical education and athletics on an independent study basis. For each unit earned, students are required to devote three hours per week throughout the semester. Prior to registration, a contract must be prepared. See instructor for details.

**II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT:** 3, for a maximum of 3 units

**III. EXPECTED OUTCOMES FOR STUDENTS:**

Upon successful completion of the course, the student will be able to:

- A. Organize and develop a plan for researching a topic.
- B. Examine a selected area for independent study.
- C. Formulate conclusions after research.

**IV. CONTENT:**

Content is appropriate to the project as determined by the supervising faculty member after a comprehensive review of the student's academic history and goals. The content will be specified in the contract agreement between the student and instructor.

**V. METHODS OF INSTRUCTION:**

Methods of instruction will vary with the individual project but will include the following:

- A. Guided investigation
- B. Suggested reading
- C. Mentoring
- D. Review, comment, and feedback
- E. Experiments, demonstrations, reports, or other work products deemed appropriate by the instructor

**VI. TYPICAL ASSIGNMENTS:**

- A. Library research: Review of literature in selected area  
For example, search for answers to: What has been the impact of steroid use among college athletes?
- B. Laboratory research: Use resources on campus, in community agencies, through Internet, by correspondence. For example, develop and conduct a campus survey relative to attitudes about community college athletics.

**VII. EVALUATION(S):**

The method of evaluation will be specified by the instructor in the contract agreement between the student and instructor. At a minimum these will include:

- 1. Written paper
- 2. Oral examination

**VIII. TYPICAL TEXT(S):**

As appropriate for the project

San Bernardino Valley College  
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- IX. OTHER SUPPLIES REQUIRED OF STUDENTS:**  
As appropriate for the project